



December 2018

Hello and welcome to the E-News Bulletin of Unity. These bulletins will be sent out regularly bringing you the latest on community news & events, information, services, training, funding and more....

Unity Updates

Happy Christmas
and
Best Wishes for
2019
From everyone
at
Unity
PUTTING UNITY IN THE COMMUNITY





Thank you to Co-op for donating this amazing hamper to raise funds for Shopmobility. Raffle tickets are on sale at Unity/Shopmobility reception.



Volunteer of the Year Awards & Social Isolation Conference

Groups across Test Valley joined Unity for their Annual General Meeting, Volunteer Awards and Conference which were held at the Grosvenor Hotel, Stockbridge this year.

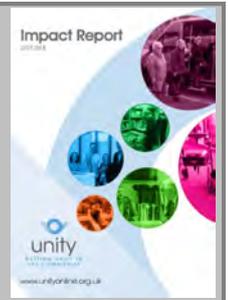
A lively day with 65 people representing over 42 groups joined the event to hear NHS West Hampshire Clinical Commission Group's Samantha Roussos speaking about the importance of working together to provide health interventions to help take pressure off overstretched services. Other speakers included Sam Otter, a Unity

Volunteer Driver who gave a fun talk about why he became a volunteer driver and how these services are so important to local people. A really positive message which was well received. [Read more>>](#)



Unity's Impact report

The 2017/18 year was busier than ever for Unity and we are delighted to share with you our Impact Report. Unity is, as ever, extremely grateful to all our funders, supporters, staff, trustees and volunteers for making it possible to exceed expectations and continue to provide services and assistance that are respected and valued. [Annual Report>>](#)



Christmas is Coming

According to Age UK, approximately 450,000 people will be spending this Christmas alone this year. This doesn't of course relate to people who use the Cardea Home Support service. The Cardea staff have a wealth of experience working with people who may feel isolated and lonely and they are keen to ensure everyone has the best possible time during the festive period! Volunteers from Unity, including Angela shown in the photograph, have been busy helping Santa wrap and tag gifts for Cardea's clients to bring a bit of early Christmas cheer to their homes. [Read more>>](#)



Positive Health Outcomes!

Unity announced this week a further £2,000 in funding courtesy of the Simplyhealth Community Fund, Winchester. Simplyhealth is the UK's leading provider of health cash plans, Denplan dental payment plans and pet health plans. The funding will enable the continuation of a social prescription service in North Baddesley surgery where people needing that extra bit of help, are referred to a Unity Support Worker who can then link them to other community based organisations or can provide assistance with additional help such as benefits claim forms or financial budgeting. Unity, who also provide a similar service within Andover surgeries, have helped more than 30 people in the North Baddesley area which is having a dramatic impact with less GP appointments and prescribed medication. [Read more>>](#)

New Technology for Andover Groups

Unity is delighted to confirm that Test Valley Borough Councillors have agreed a recent application to provide funding towards the purchase of a replacement multimedia projector to reside in the Andover office. This projector will be used across Test Valley for events, training and promotional activity but it is also available for local charities and community groups to hire for a small contribution. Those organisations who are based in the Romsey area already have the opportunity to hire a project from the Romsey office. For further information contact info@unityonline.org.uk or call 0220 400 4116



photo includes Cllr. John Cockaday and Cllr. Iris Andersen)

Social Prescription in Romsey but the Prescribers need a signpost!

Prescription Art Test Valley www.prescriptionarttestvalley.org.uk was set up two years ago by some like minded health professionals as a way to provide free six week courses of art or singing to patients suffering from anxiety, mild depression, loneliness and bereavement. This is a registered charity and now receiving around 60 referrals a year from GPs and other health professionals. [Read more>>](#)

Our Andover Chatty Café

Come along to meet others over a cuppa. [Read more>>](#)



Weyhill Electronic Organ Society upcoming Concerts

Thursday 21st February—[Michael Wooldridge keyboard Charisma>>](#)

Thursday 21st March—[The Welsh Wizard Byron Jones>>](#)



Romsey Signal Box

If you have never been inside a railway signal box, this is the one to visit. The fully restored signal box is opened to the public by volunteers. Visitors are encouraged to pull the levers and operate all the associated equipment. The site includes other displays and attractions and a small café.

[Read more>>](#)



Early Years and Childcare

Stakeholders briefing sheet for December 2018. [Read more>>](#)

Mapping Trafficking Survivor Services

Earlier this year HTF conducted a survey of support services for survivors of trafficking across the UK.

The information from those surveys is now on our website. In addition to a map pin-pointing services there is a PDF with more information for each of the service types: Accommodation; Drop-in; Educational and Vocational Training; Outreach, Casework and Advocacy; Psychological Support and Counselling; and Legal Advice.

[Read more>>](#)

Spotlight On... 4LSCB Protocol for Protecting Children who move Across Local Authority Borders

outlines the responsibilities of staff in local authorities, health agencies, the police, Youth Offending Team, education, and other agencies, in relation to the timely sharing of information relating to children and families who move across local authority boundaries. [Read more>>](#)

Community Business Trade up Programme—Information Event

Are you running a community business that benefits your local area? If so this event is for you. [Read more>>](#)

Newsletters & Updates from other Organisations

[Rotary Club of Romsey Test—latest newsletter>>](#)

[Action Hampshire—News you can use>>](#)



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