



February 2018

Hello and welcome to the E-News Bulletin of Unity. These bulletins will be sent out regularly bringing you the latest on community news & events, information, services, training, funding and more....

Unity Updates

Come & Join us for Free Tea, Coffee & Cake

Come & meet Unity and Cardea staff who want to say 'Thank You' to our customers and local community on Tuesday 20th March at the Upper Guild Hall, Andover.

[Read more>>](#)



Wind, rain and graft at the Romsey Football Club – Volunteering Project

Unity Volunteering was asked by Romsey Football Club several months ago to help them find some able bodied volunteers to clear and take down an old shed. After several phone calls and an informal meeting, Unity was able to put together a small team of committed volunteers to help with the task in hand. A date was set for Wednesday 24th January.

With Transport arranged courtesy of Chris Daley, Transport Manager at Unity, and Christianne Ireland, Volunteer Coordinator at Unity, the team of 4 volunteers arrived at the Romsey Football club venue. James, Graham, Stewart and Dan, 4 volunteers from Andover who have worked as together on a variety of other projects including a community allotment project in Andover. We were duly met by Clare Crossland from the football club, who was able to show the team what needed doing. After teas and coffees the team set about the clearance of the shed whilst the winds were blowing a gale and the rain was beating down. By midday they were finished and ready for lifts back to Andover.

The next stage of the project will be the dismantling of the shed which will take place later this month. A fun but blustery day was had by all involved. James from Inclusion Services said, "The lads had a cracking day, and are eager for next stage, it was great to see them all getting stuck in as a team, and for them they could see the benefit of the project not only for themselves and their wellbeing, but to the wider community".



Our wonderful team of committed volunteers

Volunteers Galore at the Job Fair

The Unity Volunteer Centre participated in a vibrant Job Fair hosted at Job Centre, Andover this week where a myriad of organisations and agencies could be seen promoting their opportunities and services.

Christianne Ireland, Volunteer Co-ordinator, along with two volunteers, Karen Platt and Sam Wass, spent a full day engaging with the 304 people who attended, about the benefits of volunteering and the positive impact this could have not only on their CV's as a stepping stone to employment, but also for the charities and groups who rely so heavily on volunteers.

An upbeat and positive day resulted in 22 people arranging discussions with the team to identify suitable volunteer placements with particular interest being shown in administration, gardening, care work and IT, with 60 people requesting further information.

Christianne said, 'Thanks must go to our Unity volunteers who were extremely proactive in capturing people and engaging them in conversation making sure they had the relevant information. Most of the people we spoke to did know that volunteering was a way back into employment and a number had already volunteered before but interest was extremely high and we were busy all day long. Having my volunteers was vital as they are the best promotion we have for why volunteering works!'

Are you interested in becoming a Volunteer but not sure how to go about it? If so, please contact Christianne Ireland by calling telephone number: 0330 400 116 or by email: Christianne.ireland@unityonline.org.uk



New General Data Protection Regulations

We are fast approaching the 25th May – the cut-off date for all community groups & organisations to be up to speed with the new General Data Protection Regulations.

Unity are supporting groups with:-

- (1) a useful fact sheet on the website – www.unityonline.org.uk on the resources page
- (2) with a GDPR Awareness session on Wednesday 28th February 10am-11.30am (fully booked) & 12.30pm-2pm (spaces available). A flyer & booking details can be found on the website – www.unityonline.org.uk on the training page; or contact – dawn.elson@unityonline.co.uk



Test Valley Resilience Forum—Keep the Date

The next meeting of the Test Valley Resilience Forum will be on the morning of **Saturday 17th March 2018** at the Wallops Parish Hall, when Ian Hoult, Head of Emergency Planning and Resilience at Hampshire County Council, will give a presentation on how the pieces of the resilience jigsaw at local level fit together to form the bigger picture.

The Catch Up Cafe' in Ampfield Village Hall (SO51 9BJ)

The Catch Up Cafe' takes place in the Ampfield Village Hall Faber Garden Room. (SO51 9BJ), every Thursday morning between 9.30am and 11.30am, serving fresh seasonal cakes, coffee and tea. The Cafe' is run entirely by volunteers and all the proceeds go to Village Hall funds. Once a month there will be a baking demonstration in the Cafe'. **Thursday 8th March- 10am - 11.30am Hot Cross Buns.** Hot Cross buns are a wonderful treat at this time of the year. Home made buns are easy to make and totally surpass shop bought ones by a mile ... particularly when they contain extra ingredients such as apple. Come and see a demonstration of these luxury hot cross buns being made, sample them fresh from the oven and take the recipe home to make them yourself. The demonstration will last about an hour.



Romsey Community Support Drop-ins

Two Community Support Drop-ins facilitated by Two Saints are running alternate weeks in Romsey. Offering help and support on Housing advice, benefits and budgeting and improving skills for work, producing CVs and job searches. [Read more>>](#)

"Indian Experience - 'The Devil's Wind' - A film and discussion presented by Philip Geddes

In aid of Andover RDA (Riding for the Disabled) to be held at St Mary Bourne on Friday 23rd March. [Read more>>](#)

My Mother Said I Never Should—by Charlotte Keatley

Ubiquitous Theatre are touring in March 2018. My Mother Said I Never Should is a moving poignant story that spans for generations. All profits will go to Jane Scarth House. [Read more>>](#)

Are you Looking for a Speaker for your Community Group?

Alaine and her lovely Hearing Dog "Rula" visit schools, care homes and groups to talk about **Hearing Loss, Having a Hearing Dog, Dementia, and Depression.** They would both love to come and talk to you and your group. Contact Alaine on 01264 354008 or alaineorwin@yahoo.co.uk

The Great British Spring Clean

Following the success of Clean for the Queen in 2016 and the Great British Spring Clean in 2017, Keep Britain Tidy is once again encouraging everyone to get involved and carry out litter picks in their community. This year, the Great British Spring Clean will take place between 2nd and 4th March. For more information and to register your interest [click here>>](#)



Forces Re-Engineered—The First Year Update

This is a reflection on the successful first year of Stephan West's non-profit making community interest company, Forces Re-Engineered, the garage with a difference.....and successful it truly was. [Read more>>](#)

Summary of the “State of the Voluntary Sector” Survey—February 2018

An on-line survey was circulated around Hampshire’s voluntary and community sector organisations in November/December 2017. A range of questions were posed, most of which were asked in relation to the organisation’s position three years ago. 478 responses were received. [Read more>>](#)
Unity would like to thank everyone from our area who took the time to respond.

Help Shape Services for Children and Young People in Hampshire

Your local NHS and Hampshire County Council are working together to look at services for children and young people. They are holding a number of stakeholder workshops in March and would like you there! [Read more>>](#)



The Department for Work and Pensions (Andover) have re-located

Following the announcement of 5 July 2017. As of the 19th February The Department for Work and Pensions (DWP) have re-located colleagues and services from Andover Jobcentre into Test Valley Borough Council, Beech Hurst, Weyhill Road, Andover, Hampshire SP10 3AJ



Department
for Work &
Pensions

Useful Contact Numbers & Address

[Benefit Helpline Numbers>>](#)

Want FREE NHS Help & Support to Quit Smoking in Andover?

New pop-up clinic at the Longmeadow Centre, Andover every Monday 1pm—2.30pm.
[Read more>>](#)



Specialist Respite Care

Could you support a family who has a child with disabilities?
[Find out more>>](#)



Finding Homes for
Hampshire Children

More Upcoming Events

Automated External Defibrillator & CPR Awareness

Unity are delighted to offer groups & organisations the opportunity to fine tune their life saving skills by using a defibrillator & CPR at an Automated External Defibrillator & CPR Awareness session. There has been an increase in the siting of defibrillators in villages, towns & shopping centres if you would like to increase your confidence in using these machines - this is the awareness session for you! [Further details of how to book a place>>](#) or email dawn.elson@unityonline.org.uk

Job Opportunities at YMCA Andover

YMCA Andover is launching a weekly youth club on a Tuesday evening as part of its new community programme. They are now seeking a youth worker to lead the club.

YMCA are also recruiting a new Community Manager to work from the new base. For more information on both these [roles>>](#)

Romsey Community School are looking for a Supported Services Co-ordinator

RCS and STFP are looking to appoint a co-ordinator to this role as soon as possible. We are looking for an inspirational, organised team worker with excellent communication skills. [Read more>>](#)

Yellow Brick Road Tutor Training Programme

Yellow Brick Road are delighted that they are able to offer their tutor training programme this term.

The training, as well as gaining a level 3 qualification, offers a unique insight into the work we do and will enable the participant to deliver accredited You Matter programmes either in their job role or as an independent sessional tutor.

The training takes place over 3 days. The first 2 days are 26th and 29th March with the final day being after delivery of your first You Matter programme.

If you are interested in the training please [contact Yellow brick Road for the pre-course questionnaire>>](#)

Contact the Elderly-Andover—Volunteer Drivers Needed

Contact the Elderly Andover takes out 6-8 local elderly people once a month, 12 months a year, to tea parties. Our guests aged 75 into the 100's. Local family hosts welcome the group into their homes for a tea party. This regular monthly outing makes a huge difference to the life of an isolated person and gives them something to look forward to. often we are the only social outing in their lives.

The group needs drivers to drive the elderly guests one Sunday afternoon a month, hosts to host tea parties and we have space for more new guests. Can you make a difference to elderly people in your community and enjoy a very happy Sunday afternoon?

For more information please contact: Suzan Hyland (National Volunteer Support Officer) on 0207 881 2361 or suzan.hyland@contact-the-elderly.org.uk



[Upcoming Training Opportunities>>](#)



[Latest Volunteering Opportunities>>](#)

Funding News

National Vegetarian Week 2018

National Vegetarian Week 2018 runs from 14-20 May and it's all about eating delicious and exciting veggie food. It's also good for your health. If you're planning an activity or event for National Vegetarian Week 2018, you can apply to help fund it with a grant. <https://www.nationalvegetarianweek.org/grants/>
Added to your enthusiasm, time, creativity and energy, a grant could make all the difference. Grant applications should be for activities which promote a vegetarian diet to the wider community.



How Could £35,000 Benefit your Organisation?

Natwest want to help build better communities for everyone. To achieve that aim, Natwest are seeking projects that will enable people in disadvantaged communities to develop, create or access the skills and opportunities they need to build their financial capability skills or to start or develop a new business now or in the future. [Read more>>](#)



Other Newsletters

Newsletters & Updates from other Organisations

[Parks and Countryside—Events and Activities 2018>>](#)

[AWIB \(Andover Women in Business\)—Latest News>>](#)

[Jane Scarth House \(Romsey cancer Support\) - Latest News>>](#)



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Cardea Facebook coming soon!



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Follow Cardea on Twitter twitter.com/CardeaLtd

If you would like Unity to include in the next e-news bulletin; information about an event, what is going on locally with your group/organisation or news that will interest your community please [email us](#). If you would like to sign up to receive the enews click [sign up](#). If you would like to unsubscribe please click [unsubscribe](#)



Hampshire
County Council

